



POST-OPERATIVE INSTRUCTIONS FOR FAT INJECTIONS

For fat injections, fat is taken from the umbilicus (belly button) and injected into the area to be filled, generally the face. You will have sutures in the belly button area. Clean the sutures with hydrogen peroxide and then apply polysporin ointment twice daily. Sutures will be removed one week after surgery. You will be required to wear an abdominal binder or similar compression garment for one week following your procedure to provide compression to the site. It may be removed to perform incision care but then must be replaced. You may develop some bruising along the lower abdominal region from the fat extraction. This will fade over the next 7 to 10 days following your procedure.

CALL THE OFFICE IF YOU DEVELOP ANY OF THE FOLLOWING EMERGENT ISSUES:

- Fever of 101 degrees or greater
- Pain not relieved with pain medication
- Swelling, redness, bleeding, and or/foul smelling drainage from an incision site
- **Significant** asymmetrical swelling in a bilateral procedure
- Bleeding that does not respond to uninterrupted direct pressure for at least 20 minutes
- Problems with drains that are not solved using the troubleshooting instructions that are provided
- Persistent nausea and/or vomiting

***General medical questions** can be addressed during regular business hours M-F 8:30am-5pm (585-244-1000)

EMERGENT surgical issues can be addressed on evenings or weekends via our on-call EMERGENCY Line (585-258-4851)

The Patient Consultant will make your postoperative appointments.

I have reviewed and understand the terms of this consent.

Patient Signature: _____ Date: _____

Patient Name (print): _____

Witness: _____ Date: _____

My telephone number the morning of surgery is: _____

My telephone number the day after surgery is: _____